

January 2025

SOUTHSIDE: WINTER 2025 CCH SKILLS TRAINING SESSIONS – 8 SESSIONS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
Practice Day South Side: 12pm – 1pm: Jr. HOOPERS 5 – 9 years 1pm – 2pm: FOUNDATION - Girls 10 - 17 years old 2pm – 3pm: FOUNDATION - Boys 10 – 17 years old Location: Garth Worthington School 351 Chappelle Dr. SW	12	13	14	15	16	17
Practice Day South Side: 12pm – 1pm: Jr. HOOPERS 5 – 9 years 1pm – 2pm: FOUNDATION - Girls 10 - 17 years old 2pm – 3pm: FOUNDATION - Boys 10 – 17 years old Location: Garth Worthington School 351 Chappelle Dr. SW	19	20	21	22	23	24
Practice Day South Side: 12pm – 1pm: Jr. HOOPERS 5 – 9 years 1pm – 2pm: FOUNDATION - Girls 10 - 17 years old 2pm – 3pm: FOUNDATION - Boys 10 – 17 years old Location: Garth Worthington School 351 Chappelle Dr. SW	26	27	28	29	30	31

Jr. HOOPERS

Co-ed introductory basketball training for kids between 5 and 9 years old or between KG to grade 4.

FOUNDATION – GIRLS ONLY

These training sessions are for both beginner and intermediate level players between 10 and 17 years old.

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February 2025

SOUTHSIDE: WINTER 2025 CCH SKILLS TRAINING SESSIONS – 8 SESSIONS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
Practice Day South Side: 12pm – 1pm: Jr. HOOPERS 5 – 9 years 1pm – 2pm: FOUNDATION - Girls 10 - 17 years old 2pm – 3pm: FOUNDATION - Boys 10 – 17 years old Location: Garth Worthington School 351 Chappelle Dr. SW	2	3	4	5	6	7
Practice Day South Side: 12pm – 1pm: Jr. HOOPERS 5 – 9 years 1pm – 2pm: FOUNDATION - Girls 10 - 17 years old 2pm – 3pm: FOUNDATION - Boys 10 – 17 years old Location: Garth Worthington School 351 Chappelle Dr. SW	9	10	11	12	13	14
	16	17	18	19	20	21
Practice Day South Side: 12pm – 1pm: Jr. HOOPERS 5 – 9 years 1pm – 2pm: FOUNDATION - Girls 10 - 17 years old 2pm – 3pm: FOUNDATION - Boys 10 – 17 years old Location: Garth Worthington School 351 Chappelle Dr. SW	23	24	25	26	27	28

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March 2025

SOUTHSIDE: WINTER 2025 CCH SKILLS TRAINING SESSIONS – 8 SESSIONS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
Practice Day South Side: 12pm – 1pm: Jr. HOOPERS 5 – 9 years 1pm – 2pm: FOUNDATION - Girls 10 - 17 years old 2pm – 3pm: FOUNDATION - Boys 10 – 17 years old Location: Garth Worthington School 351 Chappelle Dr. SW	9	10	11	12	13	14
16	17	18	19	20	21	22
Practice Day South Side: 12pm – 1pm: Jr. HOOPERS 5 – 9 years 1pm – 2pm: FOUNDATION - Girls 10 - 17 years old 2pm – 3pm: FOUNDATION - Boys 10 – 17 years old Location: Garth Worthington School 351 Chappelle Dr. SW	23	24	25	26	27	28
30	31					

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April 2025

SOUTHSIDE: SPRING 2025 CCH SKILLS TRAINING SESSIONS – 8 SESSIONS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
Practice Day South Side: 12pm – 1pm: Jr. HOOPERS 5 – 9 years 1pm – 2pm: FOUNDATION - Girls 10 - 17 years old 2pm – 3pm: FOUNDATION - Boys 10 – 17 years old Location: Garth Worthington School 351 Chappelle Dr. SW	6	7	8	9	10	11
Practice Day South Side: 12pm – 1pm: Jr. HOOPERS 5 – 9 years 1pm – 2pm: FOUNDATION - Girls 10 - 17 years old 2pm – 3pm: FOUNDATION - Boys 10 – 17 years old Location: Garth Worthington School 351 Chappelle Dr. SW	13	14	15	16	17	18
20	21	22	23	24	25	26
Practice Day South Side: 12pm – 1pm: Jr. HOOPERS 5 – 9 years 1pm – 2pm: FOUNDATION - Girls 10 - 17 years old 2pm – 3pm: FOUNDATION - Boys 10 – 17 years old Location: Garth Worthington School 351 Chappelle Dr. SW	27	28	29	30		

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May 2025

SOUTHSIDE: SPRING 2025 CCH SKILLS TRAINING SESSIONS – 8 SESSIONS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
Practice Day South Side: 4 12pm – 1pm: Jr. HOOPERS 5 – 9 years 1pm – 2pm: FOUNDATION - Girls 10 - 17 years old 2pm – 3pm: FOUNDATION - Boys 10 – 17 years old Location: Garth Worthington School 351 Chappelle Dr. SW	5	6	7	8	9	10
Practice Day South Side: 11 12pm – 1pm: Jr. HOOPERS 5 – 9 years 1pm – 2pm: FOUNDATION - Girls 10 - 17 years old 2pm – 3pm: FOUNDATION - Boys 10 – 17 years old Location: Garth Worthington School 351 Chappelle Dr. SW	12	13	14	15	16	17
Practice Day South Side: 25 12pm – 1pm: Jr. HOOPERS 5 – 9 years 1pm – 2pm: FOUNDATION - Girls 10 - 17 years old 2pm – 3pm: FOUNDATION - Boys 10 – 17 years old Location: Garth Worthington School 351 Chappelle Dr. SW	26	27	28	29	30	31

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June 2025

SOUTHSIDE: SPRING 2025 CCH SKILLS TRAINING SESSIONS – 8 SESSIONS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Practice Day South Side: 12pm – 1pm: Jr. HOOPERS 5 – 9 years 1pm – 2pm: FOUNDATION - Girls 10 - 17 years old 2pm – 3pm: FOUNDATION - Boys 10 – 17 years old						
Practice Day South Side: 12pm – 1pm: Jr. HOOPERS 5 – 9 years 1pm – 2pm: FOUNDATION - Girls 10 - 17 years old 2pm – 3pm: FOUNDATION - Boys 10 – 17 years old						
Location: Garth Worthington School 351 Chappelle Dr. SW						

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